Spring Summer Menu 2019



Week 1

Monda

Pizza Margherita

Carrot & Pineapple Cake

Strawberry Delight

Pepperoni Pizza or Hawaiian Pizza

Homemade pizza with tomato & cheese topping

Vegetarian Style Stir Fry

Chicken style strips in a soy, garlic and honey sauce served with noodles

Tuesday

Chicken Sweet & Sour,

Chicken Curry Korma/Jalfrezi

Chicken in a homemade oriental sauce

Hot & Cold Baguette with Various Fillings v

Tuna Melt/Ham and Tomato/Egg Mayonnaise // Cheddar Cheese

Wednesd

Roast Gammon/Roast Chicken Vegetarian Sausage

(Roast of the day in a rich gravy served

with Roast & Mash Potatoes)

Quorn Dipper Wrap

Meat free dippers served in a tortilla wrap with salad

Th.

Meatball Sub Melt/Beef Burger in a Bun

Vanilla & Oat Muffin

Lancashire Cookies

Served in a bread bun with salad

Homemade Cheese & Farmhouse Vegetable Frittata

Omelette with eggs, cheese and farmhouse vegetables

Frida

Fish Fingers/Fish Portion

A SHALL SHAL

White Fish in a crispy oven baked batter

Jacket Potato with Various Fillings

Tuna Mayonnaise/Cheddar Cheese //Baked Beans

Coconut Crunch

All main meal are accompanied with seasonal vegetables, and salad items.

22 23

29 30

And either: potatoes, rice or pasta.

Bread is available daily along with
fresh fruit or yoghurt as part of the
dessert options.

Week 2

Monday

Lasagne/Pasta Bake/Chilli Con Carne Banana & Chocolate

NA..ffi.

Minced meat in a rich tomato sauce served with pasta

Jacket Potato with Various Fillings

Tuna Mayonnaise/Cheddar Cheese $\,^{
ullet}$ /Baked Beans $^{
ullet}$

Chicken Supreme with White Rice

Chicken in a white sauce served with boief rice

Homemade Cheese and Bean pasty

Cornflake Cookie

Baked savoury pasty filled with a cheese, onion & beans

Wednesda

Tuesday

All Day Breakfast / Vegetarian All Day breakfast ${\mathcal V}$

Sausage or Vegetarian Sausage, Egg, Hash Browns, Tomatoes, Mushrooms, Baked Beans

Sweet Potato Curry

Viennese Whirls

Lemon Drizzle

Cake

Sweet Potato and Buternut Squash in a curry sauce served with diced potatoes

Thursday

Crispy Chicken & Savoury Rice

Chicken fillet with a breaded coating

Jacket Potato with Various Fillings

Tuna Mayonnaise/Cheddar Cheese ${\mathcal V}$ /Baked Beans ${\mathcal V}$

Fridav

Salmon Bite/Salmon & Cod Fish Finger

Flapjack

Salmon fillet coated in an oven baked crumb

Pitta Pockets, Wraps and Baguettes with Various Fillings

Tuna melt/Cheese & Ham/Cheese & Onion γ

April 2019									May 2019					
	Mon	Tues	Wed	Thur	Fri	Sat	Sun		Mon	Tues	Wed	Ťhur	Fri	
	1	2	3	4	5	6	7	9	29	30	1	2	3	4
	8	9	10	11	12	13	14	á	6	7	8	9	10	•
	15	16	17	18	19	20	21	Ė	13	14	15	16	17	1
į	22	23	24	25	26	27	28		20	21	22	23	24	2
	20	20	4	2	2	А	5		27	20	20	20	24	1

œ.	300	77						1				
			ay 20′		-	ne 20	019					
lon	Tues	Wed	Thur	Fri	Sat	Sun		Mon	Tues			
9	30	1	2	3	4	5	-	27	28	29	30	31
	7	8	9	10	11	12	70	3	4	5	6	7
3	14	15	16	17	18	19	-	10	11	12	13	14
0	21	22	23	24	25	26	=	17	18	19	20	21
7	28	29	30	31	1	2		24	25	26	27	28
h I		Bert	-	Marie Contract	1000	400		- 76			60	

8							
			Jı	ıly 20°	19		
- 6	Mon	Tues	Wed	Ťhur	Fri	Sat	Sun
. 9	1	2	3	4	5	6	7
3	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
4	22	23	24	25	26	27	28
	29	30	31	1	2	3	4
	of Miles		Service Control				

		Cont								
	September 2019									
Mor	Tues	Wed	Thur	Fri	Sat	Sur				
26	27	28	29	30	31	1				
2	3	4	5	6	7	8				
9	10	11	12	13	14	15				
16	17	18	19	20	21	22				
23	24	25	26	27	28	29				
30	1	2	3	4	5	6				

2		TO A STATE	2500	100		- 175	7.45			
Ξ	October 2019									
3	Mon	Tues	Wed	Thur	Fri	Sat	Sun			
į	30	1	2	3	4	5	6			
Ü	7	8	9	10	11	12	13			
	14	15	16	17	18	19	20			
Ē	21	22	23	24	25	26	27			
ĕ	28	29	30	31	1	2	3			

V = Vegetarían

All menus are subject to availability and may change without notice