

Week 1

Monday

Pizza Margherita ✓

Homemade pizza with tomato & cheese topping

Rainbow Frittata

Oven baked omelette with peppers and mixed veg

Chocolate Rice Pudding



Tuesday

Barbeque Chicken

Chicken fillet in a homemade sauce

Lentil and Tomato Dal ✓

Lentils and chickpeas in a rich tomato sauce

Flapjack



Wednesday

Roast Gammon/Roast Chicken

Roast of the day in a rich gravy

Vegetarian Sausage ✓

Oven baked vegetarian sausage

Bread & Butter

Pudding



Thursday

Meatball Sub Melt

Oven roasted meatballs with a rich sauce

Vegetarian Burger in a Bun ✓

Oven Baked Burger

Cornflake Cookie



Friday

Fish Fingers

Oven baked with fillet fish fingers

Leek & Cheese Crumble ✓

Vegetarian cheesy pie

Pineapple Upside Down

with custard



All main meals are accompanied with seasonal vegetables, and salad items.

And either: potatoes, rice or pasta. Bread is available daily along with fresh fruit or yoghurt as part of the dessert options.

Week 2

Monday

Pizza Margherita ✓

Homemade pizza with tomato & cheese topping

Vegetarian Chow Mein

Chinese sauce around chicken style strips and vegetables

Sticky Ginger Sponge

Custard

Tuesday

Minced Beef Lasagne

Minced beef layered with tomato and white sauce

Vegetable Biryani ✓

Spicy vegetables and rice

Lancashire Cookie

Wednesday

Roast Gammon/Roast Chicken

Roast of the day in a rich gravy

Shepard's Bean Pie ✓

Veggi Mince and beans with a potato topping

Carrot Cake

Muffin

Thursday

All Day Breakfast

Sausage or Vegetarian Sausage, Egg, Hash Browns, Tomatoes, Mushrooms, Baked Beans

Vegetarian All Day breakfast ✓

Sausage or Vegetarian Sausage, Egg, Hash Browns, Tomatoes, Mushrooms, Baked Beans

Caribbean Squares

Friday

Salmon & Cod Fingers

Oven baked breaded fish fingers

Pasta & Sauce - Various Toppings

Roasted pepper/ Sicilian/ Marinara

Chocolate Penny

October 2019						
Mon	Tues	Wed	Thurs	Fri	Sat	Sun
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

November 2019						
Mon	Tues	Wed	Thurs	Fri	Sat	Sun
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1

December 2019						
Mon	Tues	Wed	Thurs	Fri	Sat	Sun
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

January 2020						
Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

February 2020						
Mon	Tues	Wed	Thurs	Fri	Sat	Sun
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	1

March 2020						
Mon	Tues	Wed	Thurs	Fri	Sat	Sun
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

April 2020						
Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3

All menus are subject to availability and may change without notice