

# Totally Lunchtime Champions



Monday Allergen

<u>Information</u>

G=Gluten
MK=milk

M=mustard

S=soya

SE=Sesame

E=Egg

Wednesday

Tuesday

SD=Sulphur dioxide

C=Celery F=Fish

Thursday





### **Option One**

Italian Tomato Pasta (V) G,MK,SE

Rainbow Risotto (VE) C.G

Vegetarian Sausage Roll (VE) *G.*S

Vegetarian All Day Breakfast (V) C,G,,E,MK,S,SD

> Golden Toastie (V) G.MK.SE.S

### **Option Two**

Homemade Cheese & Tomato Pizza (V) G,MK

Butter Chicken Curry (H) MK

Roast Chicken with Gravy (H)

> All Day Breakfast (H) C,G,E,MK,S,SD

Golden Battered Fish G, F, MK

### **Jacket Option**

Jacket with Baked Beans (VE)

Jacket Potato with Tuna Mayo E,F,M

Jacket with Baked Beans (VE)

Jacket Potato with Grated Cheese (V) MK

Jacket with Baked Beans (VE)

# Sides & Veg

Herby Mini Roasts
Sweetcorn

Boiled Rice Naan Bread G,M Broccoli

Stuffing, Roast
Potatoes
Country Mixed Veg

Hash Browns Baked Beans

Oven Baked Chips Garden Peas or Baked Beans

### Desserts

Fresh Fruit Yoghurt MK

Winter Crunch
Cookie G
Fresh Fruit

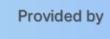
Pear & Ginger Muffin G,E,MK Fresh Fruit

Fruity Jelly Fresh Fruit

Fresh Fruit Fruity Yoghurt MK

(H) Halal options available (VE) Vegan (V) Vegetarian For allergens please refer to our allergen matrix

\*Please note our menus could be subject to change







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### **Option One**

## **Option Two**

## **Jacket Option**

# Sides & Veg

#### **Desserts**

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Green Genius

Pasta Bake (V)

G.MK

Vegetarian Chilli (VE) G.S

Vegetarian Sausage with Gravy (VE) G.S

Homemade Cheese & Onion Frittata (V) E,MK

Vegetarian Hot Dog Roll (V) G.SE.S Homemade Cheese & Tomato Pizza (V)

G<MK Caribbean Chicken & Rice (H)

Oven Roasted Sausage with Gravy

(H)

G,M

Spaghetti Bolognaise (H) G.SE

Fish Sea Stars G,F Jacket with Baked Beans (VE)

Jacket Potato with Tuna Mayo E,F,M

Jacket with Baked Beans (VE)

Jacket Potato with Grated Cheese (V) MK

Jacket with Baked Beans (VE) Southern Style Mini Roasts SE Peas & Sweetcorn

> Boiled Rice Broccoli

Yorkshire Pudding G,E,MK Mashed Potatoes Country Mixed Veg

Homemade Garlic Bread G,MK,S Chopped Salad

Oven Baked Chips Garden Peas Fresh Fruit
Fruity Yoghurt
MK

Shortbread Finger
Cookie G
Fresh Fruit

Chocolate Sponge
with Chocolate
Sauce
G,E,MK
Fresh Fruit

Ginger Biscuit G Fresh Fruit

Fresh Fruit
Fruity Yoghurt
MK

Friday



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